

## **★ Center for the Study of Traumatic Stress ★**

## **★** ABOUT CSTS ★

CSTS was established in 1987 to address Department of Defense concerns about psychological, behavioral and health care consequences resulting from threat or exposure to weapons of mass destruction (WMD) as well as more common accidents among the military and civilian populations.

CSTS conducts research, education, consultation and training on preparing for and responding to psychological effects and health consequences of traumatic events, like natural and human-made disasters and other extreme environments. The center's work spans studies of genetic vulnerability to stress, individual and community responses to terrorism and policy recommendations to help our nation and its military and civilian populations.

## **★ CSTS MISSION ★**

The Center for the Study of Traumatic Stress works to provide knowledge, leadership and applications for preparing for, responding to, and recovering from the consequences of disaster and trauma. CSTS advances knowledge, health care and preparedness through education, research, consultation and training. This occurs onsite, offsite and through distance learning initiatives and collaborations with federal, state and private organizations as well as national and international networks of disaster organizations and experts.

## **★ CSTS GOALS AND OBJECTIVES★**

To achieve this mission, CSTS has established the following goals and objectives:

- Develop and carry out research programs to extend our knowledge of the medical and psychiatric consequences of trauma, disaster, terrorism and bioterrorism.
- Educate public and private agencies on how to prevent or mitigate the resulting negative consequences.
- Consult with the private sector and government agencies on medical care of trauma victims, their families and communities, and their recovery following traumatic events, terrorism and bioterrorism.
- Maintain an archive of medical literature on the health consequences of trauma, terrorism and bioterrorism for individuals, families, organizations and communities.
- Provide opportunities for post-doctoral training of medical scientists to research the health consequences of trauma, disaster, terrorism and bioterrorism.



